

"The sun is shining and the weather is sweet. Makes you want to get up and move your dancing feet!" —Bob Marley

# NEIGHBORHOOD News

A monthly newsletter for the Cottages at Hillcrest Country Estates

## Activity Page

G	E	A	H	B	A	S	E	B	A	L	L	R	S
D	G	A	R	D	E	N	I	A	B	E	F	S	I
W	A	T	E	R	M	E	L	O	N	L	R	T	C
C	I	N	C	I	P	A	G	L	B	E	I	F	E
G	N	I	X	A	L	E	R	A	W	H	S	I	C
E	N	U	F	N	D	H	R	O	S	H	N	W	R
I	G	B	E	S	E	N	L	L	A	S	U	N	E
S	M	I	A	P	W	F	N	D	O	E	E	R	A
U	I	N	N	C	E	I	E	L	E	S	P	M	M
E	L	U	U	C	E	S	M	E	N	I	R	S	N
U	L	S	C	L	E	W	R	M	A	R	A	S	I
O	S	O	A	N	R	S	S	A	I	A	E	S	M
K	R	A	P	N	I	I	A	U	E	N	L	U	I
A	M	N	M	B	I	C	B	U	G	P	G	C	I

Watermelon Picnic Sun Fun

Swimming Relaxing Park Flowers

Shade Baseball Ice Cream Garden



### AUGUST BIRTHDAYS

Aug. 7: Bruce Ebert  
 Aug. 18: Sharon Schur  
 Aug. 19: Elaine McMullin  
 Aug. 29: Genevieve Price

### WELCOME TO COTTAGE LIFE!

Virginia Gerhardt

### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**

Tara Gabel, (402) 885-7010

**ASSISTANT ADMINISTRATOR:**

Ashley Walters, (402) 885-7462

**DIRECTORS OF CLINICAL SERVICES:**

Tami Harms, (402) 885-7021

Loretta Pierce, (402) 885-7280

**DIRECTOR OF MAINTENANCE:**

Rick McHenry, (402) 885-7018

**DIRECTOR OF CULINARY:**

Jamie Hobson, (402) 885-7019

**DIRECTOR OF REHAB:**

Megan Kathman, (402) 885-7467

**REGIONAL ADMINISTRATOR:**

Dave Creal, (402) 933-4690

### Tara's Take



August is named after Roman Emperor Augustus Caesar. In the original Roman calendar the month of August was the sixth month. Later, January and February were added and August became the eighth month of the year. August is also known as the month of harvest and the last of the summer months. This month tends to have the best summer weather, and is great for

traveling and finishing up those summer vacations.

With restrictions in place, most summer traveling plans have been canceled this year. We want everyone to still enjoy their summers as much as possible. Some fun summer activities that you and your loved ones can engage in are: picnics, kicking off your day with homemade donuts at, going for a family bike ride, or having a water balloon fight! We look forward to the cool days of fall soon, and hope everyone is safe and healthy until then.

I wanted to let you know that my last day as Administrator of the Cottages was July 31st. I want to thank you for all the time I have had here. The families I have developed relationships with have been amazing. This campus has the most dedicated loving families I have ever been blessed working with and I am very excited for all of the awesome things to come for the Cottages. There will be an exciting announcement made soon by Regional Administrator Dave Creal about new leadership here at the Cottages.

—Tara Gabel, Administrator

### ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!

## ELDERS IN ACTION

August is going to be a hot one! We are going to celebrate summertime during National Watermelon Day on August 3rd. Another day we'll be celebrating is Water Balloon Day on August 7th. We hope to have some cooler days here in August so that we can get outside with our elders one-on-one and enjoy some fresh air. A lot of gardening has taken place at

the Cottages in the last few months. Cucumbers and tomatoes are starting to finally show and we are able to enjoy what we have planted. Flowers have also bloomed in full force and we are enjoying their bright, beautiful colors.

-Abby Brandt, Administrative Assistant



Mr. Badders gets a haircut from his Cottage Guide, Lisa.

## A MONTH IN REVIEW

July was a month for the books. Fourth of July week kicked off with bomb pops in the Cottages. Some cottages even had red, white and blue décor outside the windows. On July 15th we had a silly hat day with lots of sports hats, and even a birthday hat worn by one of

our team members. July 23rd we had a lollipop day! Each team member and elder got a sweet treat to cheer them up.

-Abby Brandt, Administrative Assistant



Milli from Cottage 60 gets silly with a funny mask.