

"Can words describe the fragrance of the very breath of spring?"  
—Neltje Blanchan

April 2021

# NEIGHBORHOOD News

A monthly newsletter for the Cottages  
at Hillcrest Country Estates

## Ashley's Notes



Greetings all! I am so glad that we have opened our doors to visitors again. Our elders and team members have missed everyone. As of March 26, we are allowing two hour long, twice weekly visits with a maximum of two visitors at a time. The visits will need to be scheduled

in advance to ensure that we do not have too many people in each cottage at a time so we can maintain social distancing. Please call Trilby at (402) 885-7000 to schedule a visit. All visitors will need to wear masks properly while in the buildings, and we have sanitizer available. If your loved one is in a companion suite, the visits will need to take place in the library of Cottages 50, 60, 70, 80 and 90 and the cinema in the Dimensions™ Cottage.

Please remember to get screened by Trilby at the front desk of the business office before visiting your loved one. We will continue to get our guidance from the Centers for Medicare & Medicaid Services and will communicate any changes that may come with you. Please reach out to me if you have any questions regarding visitation. We are glad our families are back!  
—Ashley Walters, Administrator



### APRIL BIRTHDAYS

April 5: Richard Klitz  
April 7: Dolores Moore  
April 26: George Hall

### WELCOME TO COTTAGE LIFE!

George Hall, Ray Morrison, Betty Casper,  
Olga Kremke, Mary Wozny, Terry Hunter

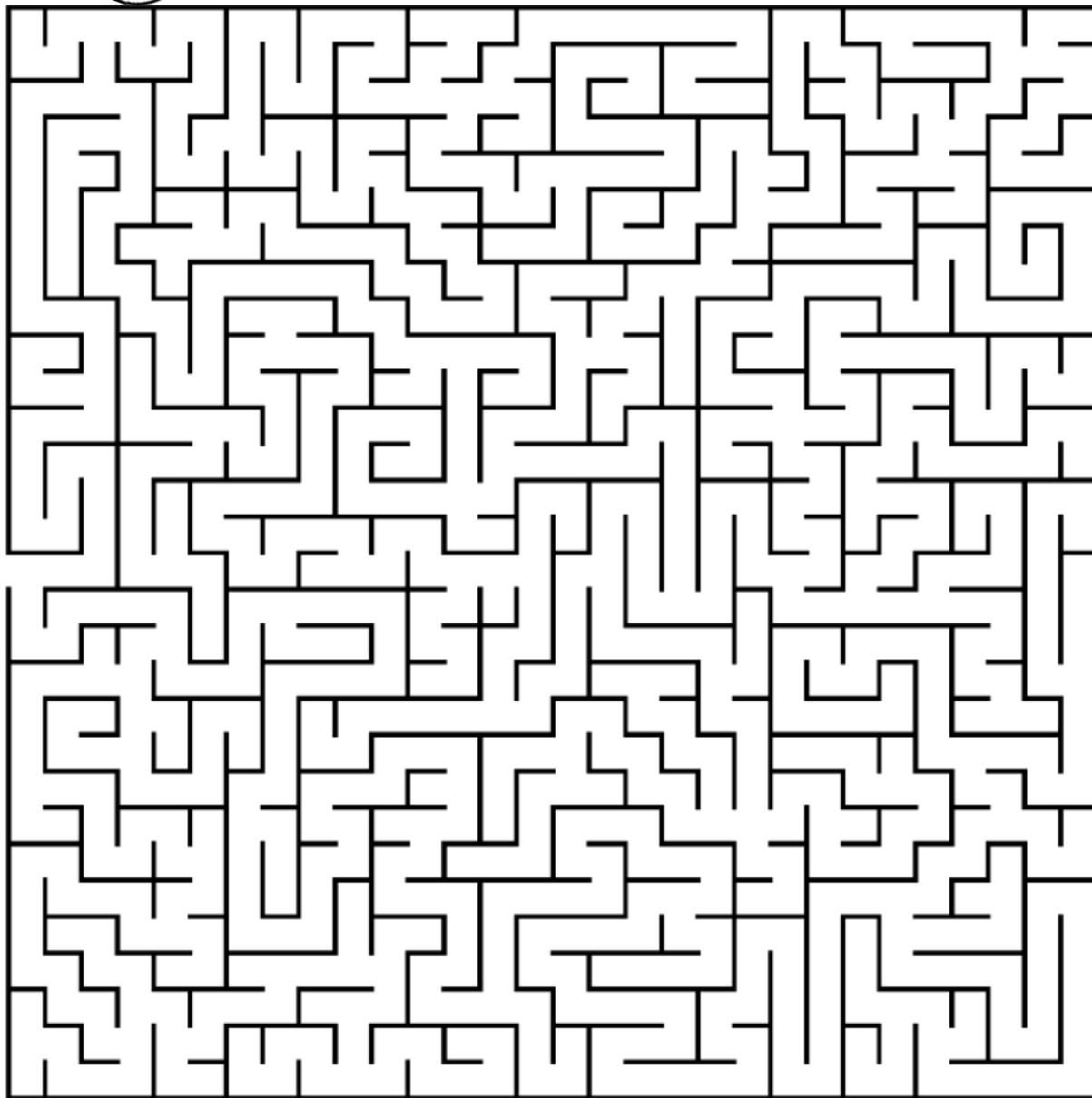
### MEET THE LEADERSHIP TEAM

**ADMINISTRATOR:**  
Ashley Walters, (402) 885-7010  
**ASSISTANT ADMINISTRATOR:**  
Tim Snyder, (402) 885-7230  
**DIRECTOR OF CLINICAL SERVICES:**  
Chris Johnson, (402) 885-7280  
**DIRECTOR OF MAINTENANCE:**  
Rick McHenry, (402) 885-7018  
**DIRECTOR OF CULINARY:**  
Jamie Hobson, (402) 885-7019  
**DIRECTOR OF REHAB:**  
Megan Kathman, (402) 885-7467  
**REGIONAL ADMINISTRATOR:**  
Tammy Deemer, (402) 982-9376

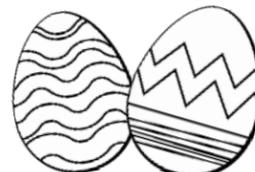
### ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the distribution list, please contact Trilby at (402) 885-7000.

## Activity Page



Complete the Maze!



## ELDERS IN ACTION

We are hoping March showers bring April flowers a little early! What better way to start the month than with April Fool's Day on April 1?! Easter will be celebrated with some baskets, bunny crafts and, of course, sweets, which are always a huge hit with our elders! National Plant a Flower Day last month was so much fun that we will be celebrating National

Gardening Day on April 14. National Pajama Day is on April 16, and National Picnic Day is April 23. We hope the weather will be nice enough to get outside for a real picnic by then! Finally, our month wouldn't be complete without a snack day, so National Pretzel Day on April 26 will finish up the month's excitement!  
**-Trilby Connolly, Administrative Office Coordinator**



Dolores shows off her St. Patrick's Day crown.



Janet sips her St. Patrick's Day punch.



Shirley sits in the special bingo throne.



Rita wears a fabulous rainbow wig.



Lois dresses up for St. Patrick's Day.



Residents in Cottage 40 play bingo.



Bernice enjoys St. Patrick's Day.



Loretta celebrates St. Patrick's Day.



Residents in Cottage 60 enjoy some time in the sunshine.

## A MONTH IN REVIEW

Our elders have enjoyed the activities and weather of the last month! Peanut Butter Lover's Day was a sweet success with cookie making and treats. Bill was a pro cookie maker in his "Kiss the Cook" apron! Our Dimensions™ Cottage elders started a seed garden and all hands were on deck for the planting and watering! It was a huge hit getting the trays started and making decorations to put around the garden. Bingo has become a great pastime for our elders, and the

teams make it an event with special decorations and a happy hour! The nicer weather gave us a chance to get outside and enjoy the sun and some fresh air. Arts and crafts are a real favorite for our elders, who really get creative and delight in their projects! Painting has become a preferred activity. Elders really take pride in and enjoy their masterpieces!

**-Trilby Connolly, Administrative Office Coordinator**



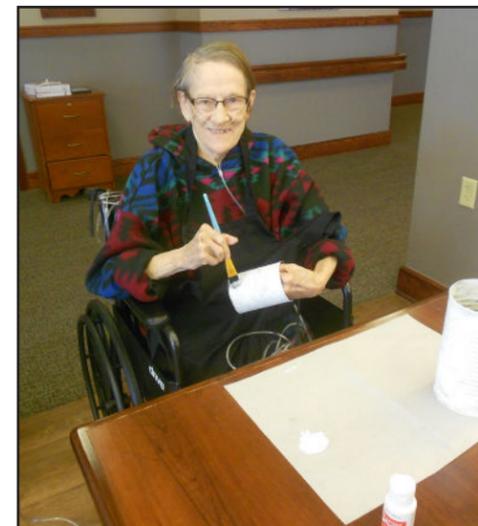
Bill makes cookies.



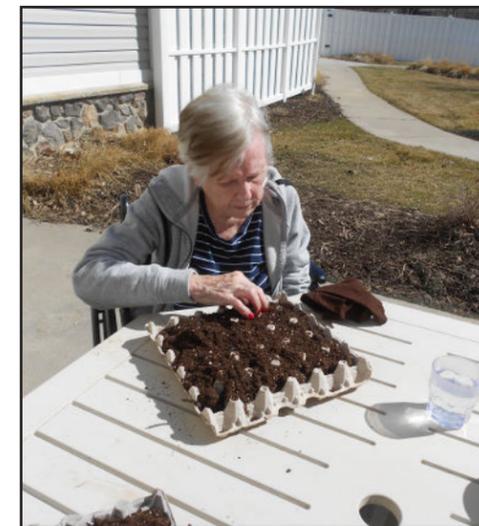
Barb works on a craft.



Kathy and Janet plant some seeds.



Marian does some painting during craft time.



Janice gets the garden ready for spring.



Olga makes her own personalized door hanger.