Sun	Mon	Tue	Wed	Thu	
•	2024 r House		 <i>1</i> May Day 9:30 Chair Yoga & Silver Steppers 12:30 May Day Basket Activity 1:30 Elvis Concert 3:00 Coffee & Conversations 	2 9:30 Strength Training & Bean Bag Toss 12:30 Cupcake Liner Daisies 1:30 Score–A Film Music Documentary 3:00 Fruit & Fun	<i>3</i> Celeb 9:30 C 5 12:30 I 1:30 E 3:00 H
5 10:00 Virtual Church Service 1:00 Group Chair Exercise 3:00 Snacks and Reminisce 6:00 Cinematic Sunday: Silverado	 6 9:30 Chair Yoga & Silver Steppers 10:30 Monday Prayers 12:30 Sponge Painting 1:30 Patsy Cline Music 3:00 Card Games–Go Fish! 	7 9:30 Strength Training & Noodleball 12:30 Glamour Nails 1:30 Sports TV–Baseball 3:00 Bible Reading	8 9:30 Chair Yoga & Silver Steppers 12:30 Bingo 1:30 CCR Concert 3:00 Trivia	 9 9:30 Strength Training & Bean Bag Toss 12:30 Sugar Cookie Baking 1:30 Real History of the Roaring 20s Documentary 2:15 Scenic Drive 	10 9:30 C 5(11:30 1 12:30 1:30 B 3:00 H
<i>12</i> Mother's Day 10:00 Virtual Church Service 1:00 Group Chair Exercise 3:00 Snacks and Reminisce 6:00 Cinematic Sunday: The Sting	 <i>13</i> 9:30 Chair Yoga & Silver Steppers 10:30 Monday Prayers 12:30 Mother's Day Tea Party 1:30 Golden Oldies Music 3:00 Card Games–War 	 14 9:30 Strength Training & Noodleball 12:30 Gardening Club 1:30 Sports TV–Golf 3:00 Bible Reading 	 15 9:30 Chair Yoga & Silver Steppers 12:30 Mason Jar Centerpieces 1:30 Aretha Franklin Concert 3:00 Coffee & Conversation 	 <i>16</i> 9:30 Strength Training & Bean Bag Toss 12:30 Rock Painting 1:30 Ancient History Documentary 3:00 Fruit & Fun 	17 9:30 C 51 12:30 I 1:30 R 3:00 H
 19 10:00 Virtual Church Service 1:00 Group Chair Exercise 3:00 Snacks and Reminisce 6:00 Cinematic Sunday: The Lion King 	 20 9:30 Chair Yoga & Silver Steppers 10:30 Monday Prayers 12:30 Circle Sponge Tree Paining 1:30 Jazz Music 3:00 Card Games–Crazy 8 	21 9:30 Strength Training & Noodleball 12:30 Glamour Nails 1:30 Sports TV–Bowling 3:00 Bible Reading	22 9:30 Chair Yoga & Silver Steppers 12:30 Bingo 1:30 Buddy Holly Concert 3:00 Trivia	 23 9:30 Strength Training & Bean Bag Toss 12:30 Cholate Chip Cooking Baking 1:30 Real History of the 1960's Documentary 2:15 Scenic Drive 	24 9:30 C 51 12:30 S 1:30 Jc 3:00 H
 26 10:00 Virtual Church Service 1:00 Group Chair Exercise 3:00 Snacks and Reminisce 6:00 Cinematic Sunday: Rescued by Ruby 	 27 Memorial Day 9:30 Chair Yoga & Silver Steppers 10:30 Monday Prayers 12:30 Popsicle Flags 1:30 Memorial Day Music 3:00 Card Games–Old Maid 	 28 9:30 Strength Training & Noodleball 11:30 Friends & Family Lunch 12:30 Garden Club 1:30 Sports TV-Greatest Quarter Backs All Time 3:00 Bible Reading 	 29 9:30 Chair Yoga & Silver Steppers 12:30 Name that Flower & Art 1:30 Eric Clapton Concert 3:00 Coffee & Conversation 	 <i>30</i> 9:30 Strength Training & Bean Bag Toss 12:30 Flower Power Art 1:30 The Gilded Age Documentary 3:00 Fruit & Fun 	<i>31</i> 9:30 C 51 12:30 1:30 Ft 3:00 H

Please contact Peggy Tarrell at (402) 332-4280 or ptarrell@hillcrest.com

Fri	Sat
brate Cinco De Mayo Chair Yoga & Silver Steppers Floral Wreaths ELO Concert Happy Hour	<i>4</i> 10:00 Daily Devotionals 1:00 Group Chair Exercise 3:00 Floral Coloring 6:30 Welk Show
Chair Yoga & Silver Steppers Friends & Family Mother's Day Lunch Thumb Print Hearts Seatles Concert Happy Hour	11 10:00 Daily Devotionals 1:00 Group Chair Exercise 3:00 Landscape Coloring 6:30 Welk Show
Chair Yoga & Silver Steppers Floral Water Color Art Roger Miller Music Happy Hour	18 10:00 Daily Devotionals 1:00 Group Chair Exercise 3:00 Garden Coloring 6:30 Welk Show
Chair Yoga & Silver Steppers Stencil Art Johnny Cash Concert Happy Hour	25 10:00 Daily Devotionals 1:00 Group Chair Exercise 3:00 Flag Coloring 6:30 Welk Show
Chair Yoga & Silver Steppers Tissue Paper Watercolor Frank Sinatra Concert Happy Hour	Hillcrest Silver Ridge

Calendar subject to change to meet our residents' needs.