

*What's Next?*

**Hillcrest**  
*Home Care*



**Starting your skilled home health services**

*When you need care,  
there's no place like home.*

**Thank you for choosing Hillcrest Home Care!** Whether your doctor has decided you have a medical condition that needs monitoring or continued rehabilitation, our services will ensure you receive the care you need in the comfort of your own home. Hillcrest Home Care allows you to recover at the place you call home and still get the extra care you need.

**A nurse or therapist will contact you by phone to schedule your first visit, usually within 24 hours of discharge from the hospital or rehab facility, or after we receive the physician orders for your care.**



The time spent on your first visit will vary depending on your needs and the evaluation. A typical initial visit takes about two hours. During the visit, the nurse or therapist will conduct a complete evaluation of your health, determine your needs and document the information in our Electronic Health Record (EHR).

The clinician will also need to document all the medications you are using, so it would be helpful if you have your medications on hand when the nurse or therapist visits. This includes over-the-counter medications.

The number of visits we make depends on the doctor's orders and your health. Your nurse or therapist will monitor your progress in order to help the doctor decide how often the visits should occur and how long they should last.



If you have Medicare coverage, it will typically pay for the home health visits your doctor has ordered. If you have some other type of insurance, you may be responsible for a percentage of the charges. We will be happy to help you investigate your insurance benefits, or you may contact your insurance carrier directly.

**LEARN MORE — [hillcresthealth.com/whatsnext](https://hillcresthealth.com/whatsnext)**



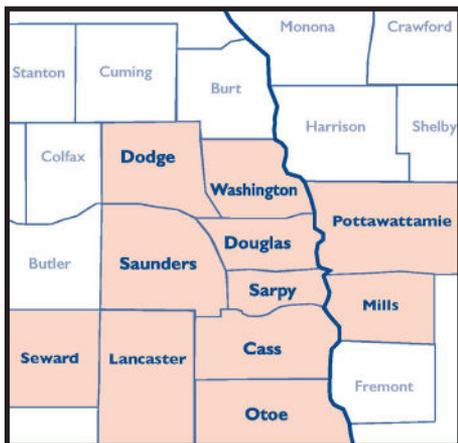
**Visit the link above or follow the QR code to learn more about what to expect.**

To follow the QR code, open the camera on your smartphone, point it at the code and click the link that appears.

Regular home care visits will be pre-scheduled so that you and your family will know when to expect our nurse or therapist. Our team is available 24 hours a day, 7 days a week to meet your needs. If you have any questions, please call us at **(402) 682-4808 (Omaha)** or **(531) 739-3400 (Lincoln)**.



**We welcome new admissions  
24 hours a day.**



**1820 Hillcrest Dr., Ste. A  
Bellevue, NE 68005**

office: (402) 682-4808  
fax: (402) 682-6563

**245 S. 84th St., Ste. 111  
Lincoln, NE 68510**

office: (531) 739-3400  
fax: (531) 739-3401

ATTENTION: Hillcrest Health Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

If you speak another language, language assistance services, free of charge, are available to you. Call 1-402-682-4800.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-402-682-4800.

// Hillcrest Health Services cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。  
請致電 1-402-682-4800

◦ // Hillcrest Health Services 遵守適用的聯邦民權法律規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。