Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 April Fools' Day	2	3	4	5	6
	10:30 Who Am I - CH	10:30 Crafty Time - AZD	10:00 Mass - CH 10:30 Bingo - AZD 1:30 Poetry & Jazz - CH	11:00 Church Service w/ Chaplain Jerry	10:30 Noodleball - CH	10:00 Hymns & Prayers w/Pastor Bob - CH
	1:00 Pet Therapy w/Herky 1:00 Piano w/Jean - WP	1:15 Hymn Sing with Chaplain Jerry - CH			1:30 Pizza Party - AZD	
7	8	9	10	11	12	13
	1:00 Pet Therapy w/Herky	10:30 Crafty Time - AZD	10:30 Bingo - AZD	11:00 Church Service w/	10:30 Noodleball - CH	10:30 Bingo w/Bryan
	1:00 Piano w/Jean - WP	1:15 Hymn Sing with Chaplain Jerry - CH	2:00 Fun & Games - AZD	Chaplain Jerry	1:30 Paint & Sip - AZD	Middle School
14	15	16	17	18	19	20
	10:30 Chair Yoga - CH	10:30 Crafty Time - AZD	2:00 Country Concert - CH	11:00 Church Service w/ Chaplain Jerry	10:30 Noodleball - CH	10:00 Hymns & Prayers w/Pastor Bob - CH
	1:00 Pet Therapy w/Herky 1:00 Piano w/Jean - WP	1:15 Hymn Sing with Chaplain Jerry - CH			2:00 Music w/Billy Troy - CH	
21	22 Earth Day	23	24	25	26 Arbor Day	27
2:00 Christian Church Service w/Pastor Rountree	1:00 Pet Therapy w/Herky 1:00 Piano w/Jean - WP	10:30 Crafty Time - AZD	10:30 Bingo - AZD	10:30 Coffee Social	10:30 Noodleball - CH	10:00 Common Thread Singers - CH
	1.00 Flatio W, Jean W I	1:15 Hymn Sing with Chaplain Jerry - CH	1:30 Bocce Ball - AZD		1:30 Afternoon Matinee - CH	Singers - Crr
28	29	30				
	10:30 Noodleball - CH	10:30 Crafty Time - AZD	Key: AZD - Azalea Dining Room CH - Chapel WP - Windsor Piano	<b>April 2024</b>		Hillcrest Health & Rehab
	1:00 Pet Therapy w/Herky			April 2024 Rehab Activity Calendar		
	1:00 Piano w/Jean - WP					

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Soundscapes at Night Sun: Spring Night Mon: Beach Sunset Tues: Spring Evening Wed: Poolside Sunset Thurs: Calm Nite w/Jazz Fri: Beach Ambience Sat: Spring Meadow	1 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. National Geo – Hawaii 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	2 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Humor Hour - J. Carson 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	3 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Virtual Walk - Redwood 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	4 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Zoo Camera - Giraffes 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	5 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Music - Kim Eames 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	6 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Chicken Soup for the Soul/Movie 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes
7 7 a.m. Beautiful Hymns 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. National Geo- Squids 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	9 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Humor Hour or Two 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Virtual Beach Walk 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Zoo Camera - TropReef 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	12 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Music - Joe Taylor 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	<ul> <li>13</li> <li>8 a.m. Meditation/Mindfulness</li> <li>9 a.m. Spiritual Message</li> <li>10 a.m. Morning Stretches</li> <li>11 a.m. Daily Trivia</li> <li>2 p.m. Chicken Soup for the Soul/Movie</li> <li>6 p.m. Film &amp; TV Tidbits/Movies</li> <li>10 p.m. Soundscapes</li> </ul>
7 a.m. Beautiful Hymns 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 6 p.m. Film & TV  Tidbits/Movies 10 p.m. Soundscapes	<ul> <li>8 a.m. Meditation/Mindfulness</li> <li>9 a.m. Spiritual Message</li> <li>10 a.m. Morning Stretches</li> <li>11 a.m. Daily Trivia</li> <li>2 p.m. National Geo - Nordic</li> <li>6 p.m. Film &amp; TV  Tidbits/Movies</li> <li>10 p.m. Soundscapes</li> </ul>	<ul> <li>16</li> <li>8 a.m. Meditation/Mindfulness</li> <li>9 a.m. Spiritual Message</li> <li>10 a.m. Morning Stretches</li> <li>11 a.m. Daily Trivia</li> <li>2 p.m. Humor Hour - C. Burnett</li> <li>6 p.m. Film &amp; TV  Tidbits/Movies</li> <li>10 p.m. Soundscapes</li> </ul>	8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Virtual Sun Forest Walk 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	18 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Zoo Camera - Meerkats 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Music - John Worsham 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	20 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Chicken Soup for the Soul/Movie 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes
<ul> <li>21</li> <li>7 a.m. Beautiful Hymns</li> <li>8 a.m. Meditation/Mindfulness</li> <li>9 a.m. Spiritual Message</li> <li>10 a.m. Morning Stretches</li> <li>11 a.m. Daily Trivia</li> <li>6 p.m. Film &amp; TV  Tidbits/Movies</li> <li>10 p.m. Soundscapes</li> </ul>	22 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. National Geo - Equator 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	23 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Humor Hour or Two 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	24 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Virtual Walk w/Waterfall 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	25 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Zoo Camera - Penguins 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	26 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Music - Billy Troy 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	<ul> <li>27</li> <li>8 a.m. Meditation/Mindfulness</li> <li>9 a.m. Spiritual Message</li> <li>10 a.m. Morning Stretches</li> <li>11 a.m. Daily Trivia</li> <li>2 p.m. Chicken Soup for the Soul/Movie</li> <li>6 p.m. Film &amp; TV Tidbits/Movies</li> <li>10 p.m. Soundscapes</li> </ul>
28 7 a.m. Beautiful Hymns 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	29 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. National Geo - Gators 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	30 8 a.m. Meditation/Mindfulness 9 a.m. Spiritual Message 10 a.m. Morning Stretches 11 a.m. Daily Trivia 2 p.m. Humor Hour or Two 6 p.m. Film & TV Tidbits/Movies 10 p.m. Soundscapes	Chicken Soup Movies 6 - Deliverance of Elaine 13 - Cavedweller 20 - Storm in the Summer 27 - In a Class of His Own	Touchtow	l 2024 n Calendar nel 1991	Hillcrest Health & Rehab

Please contact Mary Johnson with any questions: (402) 682-4223 or mjohnson@hillcresthealth.com.