

*"Dads are most ordinary men turned by love into heroes, adventurers, storytellers and singers of songs." - Unknown*

# What's Growing On...

in HHR's Magnolia & Azalea neighborhoods



## JUNE BIRTHDAYS

June 9: Bev S.

## WELCOME TO HHR!

Russel L.

## MEET THE LEADERSHIP TEAM

### ADMINISTRATOR:

Tammy Weston, (402) 682-4229

### DIRECTOR OF PATIENT TRANSITIONS:

Angie Wallace, (402) 682-4250

### DIRECTOR OF RECREATION:

Mary Johnson, (402) 682-4223

### DIRECTOR OF CLINICAL SERVICES:

Kim Nichols, (402) 682-4220

### DIRECTOR OF INPATIENT REHAB:

Raegan Muller, (402) 682-4263

### DIRECTOR OF CULINARY SERVICES:

Kyle Lancial, (402) 682-4236

### DIRECTOR OF ENVIRONMENTAL SERVICES:

Ruben Gonzalez, (402) 682-4235

### REGIONAL ADMINISTRATOR

Michelle Yosick, (402) 933-4690

## ARE YOU ON THE LIST?

Each month, we distribute the newsletter via email. If you'd like to be included on the newsletter distribution list, get us your email address, and we'll keep you posted!



## JUNE HIGHLIGHTS

- June 6: Fontenelle Forest: Summer in the Forest, 2 p.m.
- June 10: Entertainment: Amy Cerny, 2:30 p.m.
- June 12: Bingo with Jesuits, 1 p.m.
- June 14: Scatter Joy Acres Visit
- June 20: Entertainment: Wayne Miller, 2:45 p.m.
- June 26: Merrymakers: Billy Troy, 2 p.m.

## WORSHIP SERVICES

- Sun: Catholic Mass, 10 a.m. (Chapel)  
Christian Service (3rd & 4th Sun), 1:30 p.m.
- Mon: Worship with Chaplain Jerry, 1:30 p.m. (Magnolia)
- Tues: Catholic Communion, provided by John DuBay, morning  
Hymn Sing, 1:15 p.m. (Chapel)
- Thurs: Chapel with Chaplain Jerry, 11 a.m. (Chapel)
- Fri: Catholic Mass, provided by Father Otto Imholte, 11 a.m.
- Sat: Hymns & Prayer, 10 a.m.

## FEATURED EVENT

**Beer n' Brats**  
**June 16, 11:30 a.m.- 1 p.m.**  
**Magnolia Gardens**  
 Join us at this family-friendly event to celebrate all of the fathers that have touched our lives.

## Tammy's Take



Happy June to all! When deciding what to write about this month, I thought I might do some research on the summer forecast, as I recently read an article on the benefits of sunlight on our senior population.

The article suggested that because sunlight causes the body to produce vitamin D, and as we age, we get outside less and produce less, more sunshine may enhance production of vitamin D and possibly reduce the potential for hip fractures, high blood pressure and stroke or heart attack.

The article clearly emphasized that further studies may be required, but it just made sense; people have believed in the power of sunlight and fresh air for years.

The recreation team will be increasing outside activities just the same, weather permitting! The National Weather Service long-term forecast says cooler than normal temps for the Midwest this summer and the Old Farmer's Almanac also says that the summer will be slightly cooler than normal.

The hottest period will be in late June, late July and early-to-mid August. Looks like chances are good that we are going to get some use out of our courtyards this year. Enjoy!

**-Tammy Weston, Administrator**

## RESIDENTS IN ACTION



Betty K., Jean S., Birtie T. and Eileen C. sell baked goods to raise money for the Alzheimer's Association.



The Azalea and Magnolia neighborhoods join together for a giant group exercise class.



Theresa C. sits with the wheel during Wheel of Fortune.



Betty K. and Yorkie Pullo cuddle together during pet therapy.



Jan J., Eileen P., Juanita A. and Audrey H. enjoy music.

## MOTHER'S DAY CELEBRATIONS

Mother's Day Tea was a great hit this year among residents, families and team members alike. From the beautiful, fresh flowers to all of the delicious and ornate desserts, it was a huge success. Families were able to sit with their loved ones and

mingle while snacking and listening to great music. We are really hoping to bring the same sense of togetherness and fun to our Father's Day Beer n' Brats event this month! We hope to see you there!  
-Taylor Knopik, Recreation Leader



Fotentelle Forest explains the exciting lives of trees.



Dominique, Juanita A. and Alex pose for a picture after handing out May Day baskets to the nursing team.



Tea, coffee and delicious goodies!



Juanita A. and Theresa C. have a great time with family.

### SAVE THE DATES!

- June 16: Father's Day Brats n' Beer Lunch, 11:30 a.m.
- July 4: Fourth of July Fireworks, dusk
- July 27: Summer Kids Event, 2 p.m.