

Assisted Living & Memory Support



*Schedule a visit to our beautiful community today!*



*Conveniently located at the corner of highway 370 & 48th Street*

4609 Hilltop Street, Bellevue, NE 68133

**(402) 291-9777**

10-13

[hillcresthealth.com](http://hillcresthealth.com)



*A beautiful place  
to call home*

**An Active Community,**  
*Full of Life*

Nestled within a quiet suburban neighborhood, Hillcrest Mable Rose offers safety, convenience and comfort for those who need a little assistance with the activities of daily living. Here, you'll discover an energetic community where your loved one can enjoy a wonderful lifestyle filled with parties, exercise classes, hobbies, bridge games, educational classes and trips to restaurants, museums, local parks and many other interesting destinations.

The unique lodge-themed Marv's Place is a relaxing social destination, complete with a putting green, game tables, television, fireplace, and plenty of free ice cream and choice beverages. With so many amenities, boredom simply doesn't exist at Hillcrest Mable Rose

#### **A BEAUTIFUL PLACE TO CALL HOME**

Our attractive community features include:

- **Fitness Room**
- **Rose Petal Salon**
- **Tea Room**
- **Chapel**
- **Marv's Place**
- **Hobby Shop**
- **Grand Dining Room**
- **Private Dining Room**
- **Computer Room/Library**
- **Beautifully-landscaped Courtyards**

We also offer a laundry room for residents who prefer to do their own laundry, and a guest suite for residents' guests to stay overnight.

Dining at Hillcrest Mable Rose is always a wonderful culinary experience and an engaging social opportunity. Residents enjoy home-cooked meals served restaurant-style, and an array of scrumptious desserts available throughout the day.



## AMENITY-RICH ASSISTED LIVING

At Hillcrest Mable Rose, privacy, independence, and compassionate care are provided on one convenient campus. Our gracious amenities, which make life in our community safer, easier and more rewarding for residents, include:

- Private apartments
- Medication management
- Laundry and housekeeping services
- Personal assistance with bathing and dressing
- Delicious meals and homemade desserts served restaurant style
- Dining reminders & temporary in-room dining service
- Spiritual support and chaplain services
- Transportation to fun events and activities around town
- Wireless internet, cable TV and phone service
- Emergency response system

Everything needed to live a full and active life is offered for one all-inclusive, predictable monthly payment. We don't believe in charging more for "higher care levels." Our goal is always to provide the right amount of care needed to keep your loved one as independent as possible.

The following ancillary services are offered as a convenience to our residents:

- Physical, occupational and speech therapy
- Geriatric medical services, including psychiatry
- Phlebotomy and X-ray services
- Dentistry, podiatry and optometry services
- Pharmacy/medication delivery
- Arrangements for home health, durable medical equipment, skilled nursing and hospice care

Should residents' needs change, they enjoy priority access to skilled nursing, home care and hospice care within the Hillcrest family of services. We ensure seamless transitions across service lines in our health system.



## MEMORY SUPPORT ASSISTANCE

At Hillcrest Mable Rose, we understand the strength, patience, creativity and time required to care for an aging loved one with Alzheimer's or dementia. We will welcome your loved one here with the same loving care we would offer our own family. Our team members form real and meaningful connections with residents.

We take the time to learn residents' preferences and provide comfort and entertainment in line with what your loved one wants. Two houses with 14 private apartments and pleasant community spaces are connected by a secure and verdant courtyard filled with music, laughter and quiet entertainment every day.

In addition to the standard Assisted Living amenities, Memory Support services include:

- Personal attention from highly-trained memory support professionals
- Greater assistance with activities of daily living like bathing or dressing
- Small group activities
- Visual and verbal cueing
- Enhanced nutrition
- A safe environment optimized for memory support
- Family-style dining in each house to encourage greater social opportunities



## NATIONAL LEADERS IN THE CARE OF AGING ADULTS

Hillcrest Health Services is recognized nationally for our leadership and innovation. We're trailblazing a responsive and loving path for the care of aging adults. Our identity as a local, privately-owned organization enables us to respond swiftly to the changing needs of those entrusted to our care.

Hillcrest offers more services for aging adults than any other provider in Omaha. Since 1988, we've grown into a seamless health system with unparalleled expertise in caring for aging adults throughout every stage of life.

We value independence, wellness and choice as we strive to enhance the lives of aging adults.