

Morning Specialties

Available All Day 7am - 7pm

FRESH FROM THE BAKERY

Blueberry Muffin, Cinnamon Roll, Bran Muffin, Plain or Toasted Bagel♥, Toasted English Muffin♥, Toast ♥
(Served with whipped butter or Cream Cheese)

CEREALS

Hot Oatmeal, Cream of wheat, Cheerios, Raisin Bran, Frosted Flakes, Corn Flakes, Rice Krispy's, Fruit Loops or Granola
(Raisins, Brown sugar, Dried fruits, Milk, and Whipped Margarine available upon request)

A FRESH START

Fresh Diced Fruit Cup, Apple, Orange, Banana, Peaches Pears, Low Fat Vanilla Yogurt, Light Strawberry Yogurt, or Applesauce

The logo for Hillcrest Health & Rehab features the word "Hillcrest" in a bold, blue, serif font. Above it is a green curved line that arches over the letters. Below "Hillcrest" is the phrase "Health & Rehab" in a green, cursive script font.

EGGS TO ORDER

Scrambled, Over Easy, Over Hard, Basted or Poached (Egg Beaters Available upon request)♥

CREATE YOUR OWN OMELET

Your choice of Cheese, Ham, Onion, Mushroom, Green Pepper, Bacon, or Sausage (Egg Beaters Available upon request)♥
(Made with turkey bacon or turkey sausage on request)

CLASSIC FRENCH TOAST OR BUTTERMILK PANCAKES

Served with whipped butter and warm maple syrup

HILLCREST BREAKFAST SANDWICH

Egg, Bacon or Sausage Pattie and Cheese on a Grilled English Muffin
(Egg Beaters Available upon request)♥
(Made with turkey bacon or turkey sausage on request)

BREAKFAST SIDES OFF THE GRILL

Hash Browns • Sausage Links • Bacon Strips • Grilled Ham Steak • Turkey Bacon Strips♥Turkey Sausage ♥

A COMPLETE DINING EXPERIENCE!

L u n c h - M e n u

Available 11:00am-7:00pm

FROM THE GRILL

Served with Lettuce, Tomato, Onion & Pickles

FLAME BROILED HAMBURGER

served on a whole wheat Kaiser

FLAME BROILED CHEESE BURGER

served on a whole wheat Kaiser

GRILLED CHICKEN SANDWICH

served on a whole wheat Kaiser ♥

GRILLED HOTDOG

served on a warm Hoagie bun

GRILLED CHEESE SANDWICH

served on whole wheat bread

GRILLED HOT HAM & CHEESE

served on whole wheat bread

GRILLED TURKEY BURGER

served on a whole wheat Kaiser (with a sweet balsamic mayo) ♥

HOT ROAST BEEF SANDWICH

Served open faced over grilled Texas toast

FROM THE DELI

CREATE A WHOLE OR HALF SANDWICH! With your choice of:

Sour Dough, Marble Rye, White, Whole Wheat, Ciabatta Croissant, Traditional Hoagie

Deli Sliced Roast Beef, Oven Roasted Turkey Breast♥, Smoked Ham, Egg, Tuna, Chicken Salad

Cheddar, Swiss, American, Low Fat Mozzarella

(Sandwiches are made with lettuce & tomato unless specified)

PEANUT BUTTER & JELLY

Served on your choice of bread

SOUTHWESTERN CHICKEN CLUB WRAP

Julienne Chicken , Cheddar Cheese, Diced Tomatoes and Chopped Bacon Wrapped in a Sun dried Tomato Tortilla with Chipotle Mayonnaise and Shredded lettuce

A COMPLETE DINING EXPERIENCE!

Lunch - Menu - Continued

Available 11:00am-7:00pm

PERSONAL PIZZAS

Create your favorite pizza from the following:

Three Cheese, Hamburger,
Pepperoni, Sausage, Black Olive,
Green Pepper, Mushrooms, Onion
Our Personal Pizzas are 7 Inches Round. Vegetarian
Pizza Available ♥

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ENTRÉE SALADS

CALIFORNIA CHOPPED SALAD WITH CHICKEN

A mixture of chopped romaine lettuce topped with diced marinated vegetable salad, drizzled with a raspberry ranch dressing topped with a grilled fanned chicken breast ♥

GOURMET CHEF SALAD

A combination of iceberg and romaine lettuce topped with Julienne ham, turkey, cheddar, Swiss cheese garnished with tomatoes, eggs and a bell pepper ring served with ranch dressing ♥

SUNBURST COMBO PLATE

Your choice of fresh sliced or canned fruits presented with low fat yogurt or cottage cheese and a blueberry muffin ♥

Ask about our Fresh Soups! Made fresh daily served with crackers

A COMPLETE DINING EXPERIENCE!

Specialty Entrees

All Entrees served with your choice of two side items.

Available 11:00AM - 7:00PM

SLOW ROASTED BEEF BRISKET

Sliced and served in a rich Au-jus

CHICKEN STIR FRY OR VEGETABLE STIR FRY ♥

HOME STYLE MEAT LOAF

Sliced and served with a flavorful brown sauce

LEMON PEPPER BAKED TILAPIA ♥

Flaky tilapia served with a fresh tomato and cilantro relish

HILLCRESTS SIGNATURE POT PIE OF THE DAY!

Baked and served with a French puff pastry

GRILLED TOP SIRLOIN

Marinated and grilled to perfection (All sirloins prepared medium well to well)

BROILED ALASKAN SALMON

Charbroiled to a flaky finish served with a saffron cream (without sauce upon request) ♥

SLOW ROASTED TURKEY

Sliced and served with a sage cream sauce (without sauce upon request) ♥

CHICKEN FRITTER

Served with a country gravy



A COMPLETE DINING EXPERIENCE!

Sides & Beverages

SIDE ITEMS FOR YOUR LUNCH OR DINNER CHOICE

BAKED POTATO (ONLY)♥

(served with whipped margarine and sour cream)

MASHED POTATOES

(Plain or with chicken or beef gravy)

WHITE RICE PILAF

FRENCH FRIES

OVEN ROASTED BABY RED POTATOES ♥

STEAMED VEGETABLE DU-JOUR ♥

COTTAGE CHEESE

MACARONI AND CHEESE

(Made with whole wheat pasta)

GARDEN GREEN SALAD

Your choice of dressings

BEVERAGES

COFFEE (Regular or Decaf)

ICE TEA

HOT TEA (Regular or Decaf)

SKIM MILK, 2% MILK OR WHOLE MILK

DAIRY EASE (Lactose free milk)

ORANGE JUICE, APPLE JUICE, GRAPE JUICE, PRUNE JUICE OR CRANBERRY JUICE

LEMONADE

HOT CHOCOLATE (Regular or Sugar Free)



A COMPLETE DINING EXPERIENCE!

D e s s e r t s & S w e e t s

A SWEET FINALE

Strawberry Short Cake

Double Chocolate Fudge Torte

Zesty Lemon Torte

Old Fashion Carrot Cake

Caramel Apple Pie

Angel food Cake with Lemon Glaze

New York Style Cheese Cake



SOMETHING EXTRA

Chocolate Chip Cookie

Brownie

Rice Krispie Bar

Assorted Gelatin

Vanilla or Chocolate Ice Cream

Baked Potato Chips

Apple Sauce ♥

Cottage Cheese

Vanilla or Chocolate Pudding

Tapioca

SUGAR FREE

New York Style Cheese Cake

Old Fashion Carrot Cake

Zesty Lemon Torte

Double Chocolate Fudge Torte

Brownie

Assorted Gelatin

Vanilla or Chocolate Ice Cream

Vanilla or Chocolate Pudding

A COMPLETE DINING EXPERIENCE!